

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Thursday 14 Jul 2022 until 23:59 on Friday 15 Jul 2022

Forecast Issued on Thursday 14 Jul 2022 at 01:56 by Met Office Aberdeen

Confidence: Generally high confidence throughout.

Headline for Thursday 14 Jul 2022: Scattered showers with a rather cloudy morning preceding some brighter spells in the afternoon.

Mountain weather hazards on Thursday 14 Jul 2022

Blizzards

No Likelihood

Heavy persistent snow

No Likelihood

Storm force winds

No Likelihood

Gales

No Likelihood

Severe chill effect

Low Likelihood

Poor visibility

Low Likelihood

Thunderstorms

No Likelihood

Heavy persistent rain

No Likelihood

Strong sunlight

Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Heavy rain showers	Heavy Rain	Heavy Rain	Light rain showers	Sunny intervals	Partly cloudy (night)
Precipitation probability					
50%	40%	50%	40%	20%	20%

Forecast for Thursday 14 Jul 2022

Weather: Cloudy at times through the early hours with a few well isolated showers. A mostly cloudy morning with scattered showers developing, some of these turning heavy late-morning and early-afternoon, but compensated somewhat with a few cloud breaks which will give brighter spells in the afternoon. Showers easing into the evening with some bright periods to end the day.

Chance of cloud-free hill tops above 800m: 60%. Best chances late-afternoon and evening.

Low cloud and visibility: Cloud occasionally down to 600 or 700 m, mainly through the morning as well as in and around showers. Good visibility away from cloud becoming moderate or poor in showers.

Forecast for Thursday 14 Jul 2022

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	19/23 W	15/21 W	19/26 W	21/29 W	21/29 W	18/23 W	18/25 SW
900	18/22 W	14/20 W	19/25 W	20/28 W	21/28 W	17/22 W	18/24 SW
600	14/17 W	11/16 W	14/21 W	15/23 W	15/22 W	12/17 SW	13/19 SW
300	4/17 W	4/14 W	6/20 W	8/24 W	8/23 W	4/16 SW	5/18 W
Glen	7/12 W	4/10 W	8/16 W	12/21 W	12/22 W	7/15 SW	7/14 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	4/-1	5/1	6/2	6/2	6/1	5/0	6/1
900	5/0	6/2	7/3	7/3	7/2	6/2	6/2
600	7/4	8/5	9/6	10/7	9/6	8/5	8/5
300	10/9	11/10	12/11	12/11	12/10	11/10	10/10
Glen	12/11	13/12	14/12	15/13	15/12	13/12	13/12
Freezing Level*	1700m	1900m	1900m	1900m	1700m	1800m	1900m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Notably cold at height with feels like temperature near zero on the summits.

Forecast for Friday 15 Jul 2022

Weather: Overnight cloud and rain clearing to leave a mainly dry and bright day, although a few showers possible.

Maximum wind: Westerly becoming northwesterly, mean 20 mph gusting 30 mph.

Chance of cloud-free hill tops above 800m: 40% early hours until mid-morning, then 80%.

Low cloud and visibility: Low cloud down to 500 or 600 m through the early hours until mid-morning. Thereafter, cloud locally down to 700 or 800 m, but mainly above summits. Good visibility away from cloud becoming moderate or poor in rain and showers.

Temperature: **Glens:** Plus 11 Celsius rising to plus 15 Celsius.
At 800m: Plus 5 rising to 8 Celsius.
Freezing level: Above summits.